



**Life Course** 

Childhood Risk Factor

**Brief Name** 

ACE: Parent or Relative with Mental Illness

#### **Indicator**

Percent of children who lived with anyone with mental illness.

# Description

This is a proxy measure for toxic stress and is included as an Adverse Childhood Experience (ACE). This question asks parents, "Did [child's name] ever live with anyone who was mentally ill or suicidal, or severely depressed for more than a couple of weeks?"

WI	US	Best	Worst
9.7%	8.6%	5.4% <b>CA</b>	14.1% <b>MT</b>
Year			
2011/2	012		
		vho experien	ced the ACE
Numera Number Denom	of children w	vho experien	ced the ACE

# **Importance**

Living with someone with a mental illness is a measure of potential household dysfunction, as mental illness may preclude a parent from fully engaging with his or her children, in addition to potentially exposing a child to additional stressors due to direct (e.g. abuse) and indirect (e.g. poverty) causes (Petterson, 2001). Parental mental illness is correlated to children's negative behavior and general poor mental health (Goodman, 2011).

### Limitations

The National Survey of Children's Health (NSCH) is does not distinguish between treated or untreated mental illness in this question.

#### Source

NSCH 2011/12. Data query from the Child and Adolescent Health Measurement Initiative, Data Resource Center for Child and Adolescent Health website. Retrieved from <a href="www.childhealthdata.org">www.childhealthdata.org</a>. Petterson, Stephen M., and Alison Burke Albers. "Effects of poverty and maternal depression on early child development." Child Development, 72.6 (2001): 1794-1813. Goodman, Sherryl H., et al. "Maternal Depression and Child Psychopathology: A Meta-Analytic Review." Clinical Child and Family Psychology Review, 14.1 (2011):1-27.